



## Diocese of San Diego Office for Young Adult Ministry

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# Young Adult Ministry Guide

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## Overview of Young Adult Ministry

\*We'd like to give a special thanks to the Young Adult Ministry of the Archdiocese of Atlanta for providing the resource for this guide.

### WHO IS A YOUNG ADULT?

"Young Adulthood refers to people in their late teens, twenties and thirties; single, married, divorced and widowed; and with or without children"

*Sons and Daughters of the Light*, p 7, United States Catholic Conference, 1996

### GOALS OF YOUNG ADULT MINISTRY

"To connect young adults with Jesus Christ, the Church, the mission of the Church in the world, and a peer community in which their faith is nurtured and strengthened"

*Sons and Daughters of the Light*, p 25-26, United States Catholic Conference, 1996

### THE NEED FOR YOUNG ADULT MINISTRY

In 1996, The Bishop's Committee submitted their final draft of *Sons and Daughters of Light: A Pastoral Plan for Ministry with Young Adults*, a project originally commissioned by the National Conference of Catholic Bishops in 1993. The publication provides proof of the Bishops' concern for a large and largely missing part of the Catholic community.

"More than 40 percent of all adult Catholics in the US today (2001) are young adults, ages 18-39. They are the largest segment of the Catholic population".

*Basic Guide to Young Adult Ministry*, Cusick/DeVries, p 6, 2001

"One young man we know commented that he is living in the 'time between sacraments' – between confirmation and marriage. That time is longer now than it has ever been. As more time passes between sacramental moments, the traditional reasons for being connected to a faith community seem to fade". This is one of the reasons why Young Adult Ministry is being increasingly relevant and necessary.

*Basic Guide to Young Adult Ministry*, Cusick/DeVries, p 6, 2001

"Church and young adults should be an easy fit. They tell us they are spiritually hungry; we have the Bread of Life. They are altruistic; we have many opportunities for them to serve... They are searching for meaningful relationships and people with whom to share life."

*Basic Guide to Young Adult Ministry*, Cusick/DeVries, p 8, 2001

"Let's be realistic and honest about who most needs to be evangelized—our own Catholic people. As a church, we don't seem to understand that point at all. The single largest group who are not active in our Catholic system are not former Catholics. They are today's affiliate Catholics, and many of them are young Catholics."

*Basic Guide to Young Adult Ministry*, Cusick/DeVries, p 10, 2001

# Office for Young Adult Ministry Information

## OFFICE FOR YOUNG ADULT MINISTRY (OYAM)

The San Diego Diocesan Office of Young Adult Ministry was created as a separate office from Youth Ministry in 2006, from which the diocese has advanced its commitment to Young Adult Ministry. We provide training and resources for leaders, advocacy for young adults across the Diocese, and direct programming within pastoral ministry. We are here to help you start your young adult ministry at your parish or in your regional area. We serve single and married adults, in their late teens, twenties, and thirties. We maintain an email list from our website and we run a variety of programs year-round. Our website is [www.yamsd.org](http://www.yamsd.org).

## DIOCESAN RESOURCES AND EVENTS

The Office for Young Adult Ministry is a resource for young adult groups by providing:

1. **Advocacy** for Young Adults at the Parish level and to the Office of the Bishop.
2. **Collaboration.** We can co-sponsor large events with your parish YAM, or work with several parishes to bring resources to your vision.
3. **Leadership Training**, two times a year. See website for details.
4. **Young Adult Connections Meeting.** Four times a year. Providing an opportunity for Young Adult Ministry leaders from across the diocese to meet with each other, share ideas, get topic-based training, and advertising events to each other.
5. **Young Adult Commission.** Young Adult leaders that provide guidance and suggestions to the Office on vision and goals.
6. **Theology On Tap:** A roaming speaker series held in at local bars with the goal of meeting Young Adults “where they are at” in their communities. The office will co-sponsor the event with your parish to help build your Young Adult Community. Contact the office if your parish is interested in hosting.
7. **Spirit & Truth:** Evening of prayer and worship, with a biblical presentation, with adoration and a social. Sponsored by the Diocese and held at different parishes 4 times a year. Contact the office if your parish is interested in hosting.
8. **Seminar Training.** Training on how to conduct relationship seminars and other subject-based dialog groups at your parish.
9. **Classes** in conjunction with Diocesan Institute, with training in basic catechists, leadership, and bible study.
10. **Professional Consultation:** We can help organize a regional or parish-based young adult group, meet with your group or your pastor, and help with strategies for growth.

## RELATIONSHIP TO PARISH YOUNG ADULT MINISTRIES

The Diocese of San Diego ([www.diocese-sdiego.org](http://www.diocese-sdiego.org)) is lead by Bishop Robert Brom and spans San Diego and Imperial counties, consists of 98 parishes and 16 missions, with a total of almost 1 million Catholics. Sometimes the relationship between the Office of Young Adult Ministry and parish Young Adult Ministry groups is misunderstood:

1. The OYAM of the Diocese has no authority over parish YAM groups; the parish and priests do.
2. Our purpose is to support, publicize and advise parish YAM groups upon request. We're here to help you! We will also co-sponsor events with your parish YAM.
3. We do not own the YAM name. You can call your group whatever you like!
4. There are Diocesan guidelines for YAM, although YAM groups do not report to the Diocese. We love to be kept in the loop and provide training so we can better serve you!
5. There is no one structure for a parish Young Adult Ministry. To qualify as a YAM, the group should target some subset of single, married, divorced and/or widowed young adults, ages 18-40 (this is the official definition of a young adult as defined by the United States Conference of Catholic Bishops)

## PRINCIPLES TO REMEMBER

1. Connecting young adults with Jesus is the primary goal of good young adult ministry.
2. Connecting young adults with the church and its mission, the world, and each other are important secondary goals of a good YAM.
3. The Seven Elements of comprehensive young adult ministry are evangelization, community life, catechesis, justice and service, liturgy and sacraments, leadership formation, and prayer and spirituality. Don't try to do all seven at once, grow towards the goal.
4. "*Evangelization* means presenting the vision and tradition of our faith and inviting others to experience faith." (*The Basic Guide to Young Adult Ministry*, Cusick/DeVries, p 5). Evangelization aims to "cast the net as wide as possible." Events should not include a lot of Catholic jargon or deep theological questions.
5. *Catechesis*, presenting the teaching of the Catholic faith, is an important component to ministry. Catechesis allows people to "go deeper" in their faith, after being evangelized.
6. Finding good leadership is the first step, before recruiting membership or setting up events. Put people before programs. Don't put the cart before the horse by planning events before securing a leadership team. The step-by-step model outlined below will show you how to secure leadership and then plan events!
7. Good leadership skills are essential to the long-term success of any YAM. Your group is only as good as your leaders. Call the Diocesan office for leadership training.
8. Personal invitation is key.
9. There are four types of young adult events: social, serious, spiritual, and service. You will get the greatest initial attendance from social events. Develop other events as leaders come forward. Keep all social events "in the spirit" of Christ and the church.
10. Remember that ministry without prayer is social work or simply a social group.
11. Don't try to do it alone. Ask at least one person to share the process of starting the ministry with you. Or, contact local parishes and consider a regional approach. Remember that Jesus sent out the disciples two-by-two.
12. Gain the support of your parish. Request that a parish staff member who loves young adults and/or a priest be assigned as liaisons to the group. Give them frequent updates, and invite them to events.
11. Don't try to create a parallel parish; integrate into the intergenerational Church. For instance, bring a group of young adults to your parish mission or service event.
12. Make it your primary goal to make everyone feel welcome and included. Joining a new group or coming to an event for the first time is intimidating for everyone.
13. Publicize! This is the trickiest and one of the most time-intensive parts. Be creative in how you spread the word about your events.
14. Network with parishes, the Diocese, and organizations around you to plan joint events.

## **A STEP-BY-STEP MODEL FOR STARTING A NEW YAM GROUP**

*For established groups and new groups, we recommend going through the 0-3-month plan in an abbreviated form and establishing new leadership each year. Always recruiting new young adults (which is the goal of the 0-3 month plan for leadership positions is crucial to maintaining a vibrant group! One effective way to do this is if those in secondary leadership roles (event hosting, PR, membership, etc) take over as the group coordinators.*

### **0-3 Months . . .**

1. Get approval from your Parish Priest or Director of Religious Education (DRE)
  - a. Request a personal meeting where you can present the need for YAM and ask for their support
  - b. Study the Young Adult Leadership Training materials (you can request a copy from the YAM Office), and have them to give and/or show to your Pastor and DRE
  - c. Request that a staff person and/or a priest who loves young adults be assigned as a liaison to the group
  
2. Meet with Parish Secretary
  - a. Ask for a database of young adults currently registered in your parish
  - b. Ask for a list of parish ministries and their activity level
  - c. Ask about process to make bulletin and pulpit announcements
  - d. Ask about the parish council and if you can become a member
  - e. Ask to be informed when new young adults register at the parish and/or if they can be given a young adult welcome packet (that could include the Diocesan YAM Calendar, Parish YAM Calendar, etc) that you will provide
  - f. Request names of newly married young adults, young adults with newly baptized children, young adults who have entered the Church through RCIA.
  - g. If there is an upcoming parish census, ask if a question can be included where people can indicate if they're interested in getting involved with the YAM group
  
3. Contact the Office for Young Adult Ministry at the Diocese so we can plug you in to our resources at 858-490-8260 or [www.yamsd.org](http://www.yamsd.org). We will
  - a. Add you to our YAM leader's email distribution list
  - b. Add you to our monthly mailing so you'll receive YAM Calendar to give to the young adult as your parish
  - c. Try to support you in anyway possible! Let us know if you want us to attend your meeting with your parish priest and staff.
  
4. Find a Partner or Core Team
  - a. Seek out a partner and leadership team through personal acquaintances, recommendations from parish staff of young adults with leadership potential, pastor recommendations, census results, etc
  - b. Do not put any mass advertisements out yet. Personal invitation is best.
  - c. Meet with the core team to secure a vision for the YAM and help moving forward.
  
5. Define Parish Make-up
  - a. Take a census (see sample census at end of this guide) over a period of approximately a month. Establish a collection point in your parish, and provide an address, fax and/or email where census cards can be returned.
    - i. Put in parish bulletin
    - ii. Leave in pews
    - iii. Make pulpit announcements
    - iv. Personally hand-out after Mass
    - v. Post on parish bulletin boards or leave on table at church entrance
    - vi. Ask each parish group and staff member to provide 2 potential leaders

6. Gather and review all info
  - a. Combine database and census cards into a workable list
  - b. Highlight potential leaders (as identified by priest or parish staff or those young adults who answered 'yes' to being interested in taking on a leadership role on census cards)
  - c. Based on results, decided what age range, marital statuses you want to target
    - i. Do you want to target singles, marrieds, or both?
    - ii. Do you want to target 18-40 or a subset of this age range?
  
7. Meet with staff liaison and/or priest
  - a. Invite someone from Diocesan office to join you for this meeting
  - b. Present your findings (# of census cards, # of young adults in database, average age, etc). This is a great chance to show the need for a young adult group in your parish.
  - c. Ask for recommendations of potential young adult leaders from census cards. Later add these people to your potential leaders list.
  - d. Let them know which age range/marital status you've decided to target and see if they agree
  - e. Ask for a recommendation about if you should move forward with a parish group or pursue a regional model with neighboring parishes
  - f. Ask about available parish resources (i.e.: stipend, budget, etc)?
  - g. Ask if it's possible to host kick-off event at pastor's house? If not, how about the parish hall?
  
8. Compile list of 20-50 people that you want to invite to take on leadership roles from your highlighted list of potential leaders. Make sure the group has diverse talents and backgrounds. These people will be the foundation for your group, and it's important that they are the right people. As *The Basic Guide to Young Adult Ministry* says, "a young adult group is only as good as its leadership" (p 42).

### **3-6+ Months . . .**

9. Coordinate kick-off meeting, ideally at someone's house. Meeting goals are to establish a leadership team made up of coordinators and set calendar of events for next 3-6 months.
  - a. Personally call to invite the 20-50 people
    - i. Realistically, hope to get 6-20 people to actually attend. If less than 6 come, you might need to re-evaluate, spend more time recruiting leaders, etc
  - b. In preparation, bring Diocesan YAM Calendars, 3-6 month calendar templates to be filled in at meeting, census list, nametags, refreshments, icebreakers, list of potential events (p 10), and leadership wish-list.
    - i. Possible Leadership Wish-list of Coordinators
      1. 3-6 Core Team Members (who should have been identified in the first 3 months – not at this kick-off meeting!)
      2. Membership Coordinator (create and update database, sign-up new members at events)
      3. PR/marketing Coordinator (create calendar, advertise in parish bulletin, send out emails, post events on YAM site, etc)
      4. Social Events Coordinator
      5. Service Events Coordinator
      6. Spiritual Events Coordinator or Seminar Coordinator
      7. Webmaster (builds site, sends our weekly emails)

10. At The Meeting
  - a. Give people a chance to meet each other. Start with icebreakers.
  - b. Give an overview of what's already going on in the Diocese (existing diocesan programs, Theology on Tap, Spirit & Truth, etc), and your vision for your parish YAM
  - c. Give everyone the opportunity to share their ideas
  - d. Ask for 3-6 month commitment
    - i. Ask for volunteers to take on leadership roles listed above in 9.b.i.
    - ii. Ask for volunteers to call a group of people on the census list letting them know about the new YAM group and inviting them to kick-off event (Ideally, split up the census list among everyone).
  - e. Fill in the calendar template with 3-9 events that the group wants to host over the next 3-6 months. Find 2 co-hosts per event. Event suggestions include:
    - i. A kick-off event
      1. Held no sooner than 6 weeks after this meeting to give you plenty of time to call everyone on the database and advertise your new group
      2. Should be a social event held at the parish. An example could be a picnic at the priest's residence.
      3. Bring YAM Survey (p 15), nametags, music, food, etc, and have plenty of greeters to welcome people
    - ii. An ongoing event (i.e. – dinner after every 2<sup>nd</sup> and 4<sup>th</sup> Sunday Mass or co-sponsor Theology on Tap with the Diocese)
    - iii. A combination of social, spiritual, service and speaker/studies events
    - iv. Consider carpooling or meeting at Diocesan events

*Event Notes:*

- v. The event co-hosts are responsible for sending finalized details (name of event, place including address, time, description, cost, contact person, phone, email, etc) to PR-chairs and co-chairs
- vi. Every event should pay for itself. Figure out appropriate cover (i.e. \$3 or \$5, or basket out for free will offering) to offset costs. Any member may also wish to put part of their tithing towards the parish YAM.
- vii. Possible volunteer tasks per event:
  1. Decorations, set-up, clean-up
  2. Hospitality/Greeting (always have nametags on hand!)
  3. Food prep and serving
  4. Music, Photographer (to post on the web, make posters)

11. Decide on follow-up plan
  - a. Your leadership team should meet monthly (possibly after Sunday Mass)
  - b. Formulate a concrete plan (at least 3 different ways) to advertise your new YAM Group (see suggestions under *Publicity*)
  - c. Touch base with staff liaison and priest; invite to your kick-off

12. Further Tips

- a. Always begin and end your meetings and events with prayer
- b. Give your pastor and church staff frequent updates to gain and maintain their support. Sending a short email after an event with a quick summary of how it went and how many attended is always a good idea. This way they'll continue to see the need for YAM.

## PUBLICITY

This is one of the most crucial parts! You will need to spend a significant amount of time and energy on publicity, especially initially, to grow your YAM group. Here are some suggested ways to spread the word about your group's events:

- Specifically define who a young adult is when you advertise; people often get confused and think teens
- Personal invitation is always most effective. Initially call everyone on your database – split up the names between your group leaders so this isn't overwhelming! If someone isn't home, leave a message. Have a specific upcoming event in mind to invite them to.
- After each event, call the newcomers to let them know you were glad they came and hope that they continue coming!
- Put together a calendar of events. On one side, include a calendar of your parish events for the next 1-3 months and a section highlighting major upcoming Diocesan events. On the other side, highlight one of your large upcoming events (i.e. – your kick-off event).
  - Personally pass out this calendar after Mass (Pass out to everyone! If they're not a young adult themselves, they're most likely the parent, grandparent, coworker, or sibling of a young adult.)
- Leave fliers at local places that young adults frequent including coffee shops, bookstores, Laundromats, gyms, apartment mail boxes, movie theatres, etc
- Maintain an Email List of all young adults who come to events. Send out monthly or weekly event emails and possibly even include some relevant Catholic teachings
- Ask your parish staff if it's possible to put announcements in you parish bulletin, stuff bulletins with fliers and/or make pulpit announcements (specifically at the Masses with the largest number of young adults)
- Ask your parish to tell newly-registered young adults about YAM (maybe even put together a YAM Welcome packet including your calendar and the Diocesan YAM calendar that can be given out). Also ask to be given their contact info so you can personally call to welcome them.
- Send bulletin announcements to neighboring parishes if you wish to invite their young adults.
- Always use census cards at events for new people to fill out.
- Send events to the Diocesan newspaper, *the Southern Cross*, at [dmoore@diocese-sdiego.org](mailto:dmoore@diocese-sdiego.org) to include in their "Bulletin Notes". Events need to be submitted at least 2 weeks prior to when you'd like them to appear, and the info should be kept to only a few sentences in length.
- Establish a web site, even if its only a simple template. Young adults get most of their information from the web, not print sources. See if the parish will include you on their website, or get a link from their website to yours.
- Advertise in the community section of the local newspaper, or the San Diego newspaper.

## HOW THE YAM OFFICE CAN HELP PUBLICIZE YOUR EVENTS: YAM WEBSITE, CALENDAR, & E-MAIL

- We'd love to have you advertise via the YAM website ([www.yamsd.org](http://www.yamsd.org)). Contact the YAM office to request a posting of your event. We'll send you an email to approve the event. We rarely decide not to approve an event.
- The YAM Office maintains a calendar of events on the YAM website and in publicity to parishes. The deadline to enter events for the upcoming month's calendar/email is 7 days before the end of the month. We also send out a monthly email with a calendar of events.

## TYPES OF EVENTS

Strive to host a mix of spiritual, social and service events. In addition to hosting your own events, consider carpooling to YAM events such as *Theology On Tap*, *Spirit and Truth*, or *First Friday Mass*. Below are some event ideas.

The argument for social events: "Until they have a good experience, it is difficult to attract young adults to prayer-driven events (retreats, special Masses, small faith groups). Although young adults are deeply spiritual, they express little interest in *churchy* things. They simply might be seeking to gather with people their age who share their values, and they know that church groups can attract good people. For this group, church-sponsored social events might be a better place to start". (*The Basic Guide to Young Adult Ministry*, Cusick/DeVries, p 19)

### Social Event Ideas:

- Movie Nights (pick a movie from Vatican's Top 45 [www.usccb.org/fb/vaticanfilms.htm](http://www.usccb.org/fb/vaticanfilms.htm))
- Wine Tasting Party (after Mass)
- Trivia Nights (make the questions religious)
- Game Nights
- Potluck Dinner/BBQ
- Happy Hours or Social at Local Bar/Restaurants
- Jazz at the Aquarium
- Hiking, Surfing, or Other Outdoor Activities
- Picnics or Field Day in the Park or at the Beach
- Groups Nights on the Town to Comedy Club, Concert, etc
- Pizza and Beer Night with a religious movie or church trivia
- Padres or Chargers Game or other Sporting Event
- Holiday Parties
- Dance Lessons or out Dancing
- Job/Professional Networking
- Sports Bar to Watch a Game
- Tennis Round Robin
- Scuba Lessons
- Progressive Dinner, and bring your favorite prayer
- Potluck Dinner, and bring your favorite prayer
- Extreme Bowling
- Groups weekend trips to mountains, beach, etc

**Spiritual Event Ideas** (*Many of these events can be held at someone's home and dinner can be served first*):

- TGIFF Mass & Social (Let the YAM Office know if you'd like to host a specific month's TGIFF and we'll help advertise)
- Ask Father Anything Night
- Mass followed by out for brunch or dinner
- Retreats
- Spiritual Book Group
- Relationships/Dating/Marriage Workshops (contact the YAM Office for speakers, resources, or training)
- Small Faith Groups
- Rosary Group
- Current Events, Current Church Topics, or Ethics Discussions
- Prayer Workshops
- Bible Study
- Nights of Reflection
- Guest Speakers (see suggested topics below)
- Catholic 'Basics' Class
- Praise & Worship
- Eucharistic Adoration
- Stations of the Cross
- Day or Weekend Pilgrimage to local missions

**Service Event Ideas:**

- Habitat for Humanity
- Pick a St. Vincent DePaul Project
- Work the Soup Kitchen or Night Shelter at Father Joe's Villages
- Bingo or Sing-a-long with Seniors; possibly bring your pets
- Local Community Food Bank
- Contact your parish to see if they need help (i.e. – polishing pews, decorating for the holidays, cleaning up church grounds, baking for an upcoming event, etc)
- Tutoring Underprivileged Kids
- AIDS Ministry Work
- Mission Trips (i.e. Mustard Seed Communities at [www.mustardseed.com](http://www.mustardseed.com) , Amigos for Christ at [www.amigosforchrist.org](http://www.amigosforchrist.org) , or Mission Honduras at [www.missionhonduras.com](http://www.missionhonduras.com))
- Special Olympics
- Mission Circle

**Suggested Speaker Topics:**

- Spirituality versus Religion
- Psychology and Religion
- Religious Freedom
- Religious Movements (i.e. – New Age movement, Fundamentalism/Born-Again Christians, Jehovah's Witnesses, etc)
- Overview of World Religions
- Why Be Catholic
- The Basics of the Faith (Sacraments, The Creed, Church History, The Bible, The Mass)
- Jesus (Who was He? What was His purpose? What does He ask of us?)
- End of the World
- Celibacy (Is this biblical? Is it natural? Is it reasonable?)
- Holy Days and Feast Days
- The Saints
  - Incorporate videos of the saint's lives

- The Pope and Infallibility
  - Pope John Paul II
- Role of the Laity
- The Eucharist and Eucharistic Adoration
- Mary
- Angels
- The Devils and Demonology (Does the devil really exist? How do evil spirits work?)
- Purgatory
- Heaven and Hell
- Salvation
- Dating, Relationships and Marriage
- Making Christian Dating Work
- Friendships
- Conversion Stories or Personal Testimonies
- The Protestant Reformation
- Apparitions (Have people really appeared from heaven?)
- The Crusades
- The Inquisition
- 12 Step Programs and Faith (Practical ways to handle life's challenges)
- Healing
- Prayer (What is it? Why is it important? How do we pray? Different forms...)
  - The Rosary
  - Novenas
  - Praying Scripture
- Religious Life (What is it like to be a priest, brother, sister or deacon?)
- Vocation, Listening to God's Call, Discerning God's Will
- The Virtues
- The Gifts of the Holy Spirit
- Charisms of the Holy Spirit
- Stations of the Cross
- Meditation (How can we meditate? Is this something that Christians do?)
- The Beatitudes
- Devotions
- What is interior life? (How to nourish it? What does a life of prayer mean?)
- Divorce/Annulments
- Homosexuality
- The Roles of Men and Women in the Church
- Abortion
- Contraception/Natural Family Planning
- Stem Cell Research
- In-Vitro Fertilization
- Capital Punishment
- Social Justice
- Euthanasia
- Organ Donation
- Cremation
- The Great Population Hoax (Are we really overpopulating the planet?)
- Creation and Evolution
- Liturgy and Beauty (What is good worship?)
- Spirituality for Busy People
- Catholicism in the 21<sup>st</sup> Century (Is Church teaching still relevant and realistic?)
- Evangelism (Talking to your friends about your faith)

## Supplemental Info

### BOOKS AND BINDERS

- “The Basic Guide to Young Adult Ministry” by Fr. John C. Cusick and Katherine F. DeVries, Orbis Books, 2001
- *Fr. Cusick is the Director of Young Adult Ministry and Katherine DeVries is the Associate Director for the Archdiocese of Chicago.*
- “Becoming a Young Adult Responsive Church”, A Guide for Implementing Sons and Daughters of the Light, Center for Ministry Development, 203-723-1622. [www.cmdnet.org](http://www.cmdnet.org) , 1997
- “Sons and Daughters of Light: A Pastoral Plan for Ministry with Young Adults”, United States Catholic Conference, Inc., 1996
- “Trainer’s Kit for Developing Ministry with Young Adults”, A Project of Ministry with Young Adults – A National Catholic Initiative. A Publication of the Center for Ministry Development, 1999
- “Young Adult Works”, Center For Ministry Development (Available in 5 binders or on CD-ROM), 2001

### CHRISTIAN LEADERSHIP

- “In The Name of Jesus” by Henri Nouwen, Crossroad Publishing Company, 1989
- “Heroic Leadership” by Chris Lowney, Loyola Press, 2003

### DIOCESAN RESOURCES

These resources are included at the end of this guide. You can modify them to best fit the needs of your group:

- YAM Census Card
- YAM Survey

### CONTACT US

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**(Insert your parish name)**  
**Young Adult Census Card**

For anyone single or married, age 18-40

Name: \_\_\_\_\_

Today's Date: \_\_\_\_\_

Parish: \_\_\_\_\_

Are you registered in this parish?:      Yes      No

Would you like to be?                      Yes      No

E-Mail: \_\_\_\_\_

Home Phone: \_\_\_\_\_

Cell Phone: \_\_\_\_\_

Work Phone: \_\_\_\_\_

Address: \_\_\_\_\_  
\_\_\_\_\_

Gender:      M      F                      Date of Birth: \_\_\_\_\_

Marital Status: \_\_\_\_\_                      # Children: \_\_\_\_\_

Occupation: \_\_\_\_\_

Talents, Interests, Etc: \_\_\_\_\_

- Sign me up for the parish YAM email list!
- Sign me up for the Archdiocesan YAM email list (www.yam.org)!
- Yes, I want to help with YAM! :  
    \_\_\_\_\_ Leadership (Hosting Events, PR, Membership, Finances, etc)
- \_\_ Planning of Topics, Speakers, etc                      \_\_ Hospitality
- \_\_ Decorations/Set-Up/Clean-Up                      \_\_ Food Serving/Preparation
- \_\_ Computer/Data Entry/Website                      \_\_ Music (which instrument? \_\_\_\_\_)
- \_\_ Public Speaking (Master of Ceremonies)      \_\_ Sound & Lighting
- \_\_ Other: \_\_\_\_\_

*Thank You! Please return at Mass in collection basket, at an event,  
or to \_\_\_\_\_ (mailing address, fax and/or email)*

**(Insert your parish name)**  
**Young Adult Ministry (YAM) Survey**  
 For Anyone Single or Married, Ages 18-40

1. What would you like to get out of participation with a group like YAM?

Find a community of peers _____	Learn more about my faith _____
Social activities _____	Service opportunities _____

Other \_\_\_\_\_

2. Please circle things that you'd enjoy doing with the Young Adult group:

Movie nights	Retreats	Relationships workshops
Trivia nights	Guest speakers (Spiritual)	Intramural Sports
Get Together Games nights	Catholic "basics" class	Ethics discussions
Designated Happy Hour (at a bar)	Catholic Traditions class	Community service activities
Potluck dinners/BBQs	Prayer Workshops	AIDS ministry work
Braves games/sporting events	Group Bible study	Pro-life activities
Picnics in the park	Spiritual Book group	Archdiocesan events
Pizza and beer nights	Small Faith Groups	Holiday parties
Group Nights on the town to comedy clubs, concerts, etc.	Current events or current church topics discussions	Group weekend trips to mountains, beach, etc.

Other Suggestions:  
 \_\_\_\_\_  
 \_\_\_\_\_

3. Generally, for short programs (1-2 hours) I'd prefer to meet:  
 Weeknights \_\_\_\_\_ Sunday Nights \_\_\_\_\_ Sunday Mornings \_\_\_\_\_ Friday or Saturday nights \_\_\_\_\_

4. Which Mass do you prefer? \_\_\_\_\_

*OPTIONAL:*

Name: \_\_\_\_\_  
 E-Mail: \_\_\_\_\_ Phone: \_\_\_\_\_  
 Address: \_\_\_\_\_

- \_\_\_\_ Yes! Please put me on the parish YAM email list. I'd like to get emails about upcoming events.  
 \_\_\_\_ Yes! Please put me on the Diocesan YAM email list ([www.yamsd.org](http://www.yamsd.org)).  
 \_\_\_\_ Yes! I want to help with YAM. I am interested in \_\_\_\_\_.

Please turn into the Survey box at the back of the church, at an event, or to \_\_\_\_\_ (address/fax or email).  
 Thanks for helping us build the Young Adult group!